

Coronavirus (COVID-19): Guidance for people using our Cancer Support Services and the Public - update 13/3/20

Weston Park Cancer Charity is working to minimise the risks presented by COVID-19 and your cooperation is required. As a service user of the Cancer Support Centre or a member of the public who supports Weston Park Cancer Charity, we ask that you support us to help keep you, patients, staff and volunteers safe.

It is important that you DO NOT ATTEND our offices or the Cancer Support Centre if you have:

- a high temperature or fever
- a new continuous cough

Find out what to do if you think you have symptoms by visiting the NHS 111 website <https://111.nhs.uk/covid-19>

If you do not have these symptoms and attend one of our offices or the Cancer Support Centre, we ask you help minimise the catching and spreading of coronavirus by:

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- try to avoid close contact with people who are unwell

Don't

- do not touch your eyes, nose or mouth if your hands are not clean

Our Cancer Support Services which involve physical contact:

We have put in place additional precautions for our Cancer Support Services which involve physical contact, such as Complementary Therapy, Bra Fitting and Auricular Acupuncture, where the risk of spreading the virus is higher due to physical proximity. These steps include pre-session checks for both the therapist / professional and the service user(s).

Look Good, Feel Better sessions have been cancelled until further notice.

Our group courses

Our group courses will continue to run at present. We have written to all participants asking them not to attend the course if they have:

- a high temperature or fever
- a new continuous cough

Our Environment

We have put in place additional cleaning protocols at the Cancer Support Centre to minimise the spread of the virus. Handwashing facilities and hand sanitizer is fully stocked and tissues are available in all areas.

Do you have any questions?

We understand this is a concerning time for those with living with and beyond cancer and their family. Please rest assured that Weston Park Cancer Charity is keeping up to date with and following national guidance on this evolving situation and taking all necessary steps to minimise risk to those we support.

If you have any concerns, please speak to one of our Health Care Professionals on 0114 553 3330.

You can also find advice on Coronavirus for people with cancer from One Cancer Voice at www.cancerresearchuk.org/about-cancer/cancer-in-general/coronavirus-and-cancer